

## Slippery Elm Powder

To prepare, thoroughly mix 1 slightly rounded teaspoon of slippery elm powder to 1 cup of cold water. Bring to a boil while stirring constantly. Then turn down the heat to simmer and continue to stir for another 2 to 3 minutes while the mixture thickens slightly. Take it off the heat, add 1 tablespoon of honey (for dogs only) and stir in well. Cool to room temperature.

Give 15 minutes prior to meals 3 times a day.

Administer  $\frac{1}{2}$  to 1 teaspoon to cats and small dogs, 2 teaspoons to 2 tablespoons for large dogs.

Cover the mixture and keep at room temperature (not in the refrigerator). Make a fresh batch every third day.